

## Treatment Options

The Brain Clinic specializes in helping adults and children improve their brains and psychological issues without medication, primarily using Biofeedback and EEG Biofeedback, also known as Neurofeedback, as well as with a wide array of other treatment services listed below.

### **Biofeedback**

Find out more about biofeedback treatments for headaches, migraines, chronic pain, traumatic brain injury (TBI), and other disorders.

### [EEG Biofeedback/Neurofeedback](#)

Learn about treating mild brain conditions (such as ADHD, learning disabilities and mild head injury) using EEG biofeedback.

### [Cognitive Remediation](#)

Cognitive remediation sessions are offered to treat various forms of brain dysfunction and help improve cognitive abilities. Cognitive remediation is also used to treat traumatic head injuries and ADHD.

## [Psychotherapy](#)

Individual psychotherapy sessions are offered and specialize in helping patients whose lives are affected by learning disabilities and/or ADHD. Psychotherapy is also provided for the usual problems for which people come to therapy.

## [Coaching](#)

Coaching is different from psychotherapy in that it does not explore the past in an attempt to understand one's problems. Rather, coaching looks to the future and relies on the motivation and enthusiasm of the client to bring about desired goals.

## [Children's Diagnosis and Treatment Options](#)

We offer biofeedback treatments for pediatric stomach aches, headaches, migraines, attention deficit hyperactivity disorder and learning disabilities.

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