

Cognitive Remediation

What is cognitive remediation?

Cognitive remediation consists of structured exercises designed to improve weak cognitive abilities which can be determined by a neuropsychological evaluation.

What does cognitive remediation help treat?

learning disabilities
head injury
age-associated cognitive decline
other problems of brain dysfunction

What are the benefits of cognitive remediation?

Participating in cognitive remediation while also doing neurofeedback can be especially effective. By determining where the weak areas are in the brain, and under what cognitive task conditions, these areas can be trained to improve. A specialized QEEG assessment under different cognitive tasks is recommended to do this type of treatment.

Click on the article titles below to read more about neurofeedback.

[Cognitive Remediation for TBI](#)

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