

## Neurofeedback (EEG Biofeedback)



### What is neurofeedback?

Neurofeedback, also known as EEG Biofeedback, is a new treatment modality that has been shown to be effective in treating the following conditions:

attention deficit/hyperactivity disorder (ADD/ADHD)

migraines & headaches

recurrent stomach aches in children

stroke

mild head injury

chronic pain

substance abuse

reduction of PMS symptoms

peak performance training

### **What are the benefits of Neurofeedback?**

reduced craving of alcohol and drugs

improved hormone balance

reduced stress and anxiety

increased attention and focus

reduced muscle pain

reduced use of medication for ADD/ADHD

### **How long does it take to start seeing improvements?**

In order for neurofeedback to have a good chance of working, the patient should plan on coming at least twice per week for a minimum of 15 weeks.

This video shows a Biofeedback Demonstration produced by The Brain Clinic in New York City.

To request information or to make an appointment please fill out the form with detailed information below.

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Click on the article titles below to read more about neurofeedback.

Neurofeedback Beginners Manual

Neurofeedback for ADD

[Neurofeedback for Migraines and Headaches](#)

## Traumatic Brain Injury

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